

# ACROBATIC ROCK-N-ROLL ACADEMY

## 2017-2018 CLASS SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	PRICES
<b><u>GYMNASTICS / TUMBLING</u></b>	Introductory program for boys and girls designed to develop fundamental gymnastics skills and expose to vault, bars, balance beam and tumbling of artistic gymnastics, as well as the use of rhythmic gymnastics apparatuses: ribbons, balls, hoops and ropes in fun and spectacular ways. It enables every child to work at his or her own level developing body awareness, flexibility, strength and confidence.						<b>10 monthly Payments Due on 1st Day of Month:</b> Hours Monthly Weekly Payment .75 \$64.00 1.00 \$78.00 1.25 \$91.00 1.50 \$103.00 1.75 \$114.00 2.00 \$124.00 2.25 \$133.00 2.50 \$141.00 2.75 \$145.00 3.00 \$149.00 3.25 \$154.00 3.50 \$164.00 3.75 \$169.00 4.00 \$174.00 4.25 \$179.00 4.50 \$184.00 5.00 \$194.00 5.50 \$199.00 6.00 \$204.00 6.50 \$209.00 7.00 \$214.00 7.50 \$219.00  <b>Drop-In Fee:</b> \$20.00/ hour
<u>BOYS &amp; GIRLS</u> (4 - 7 YRS)				<b>3:45-4:30pm</b>	<b>3:45-4:30pm</b>	<b>9:15-10:00am</b>	
<b><u>TUMBLING</u></b>	The objective for this program is for the students to learn technically correct tumbling skills, flexibility, and strength. Participants are taught tumbling skills with technique that may be transferred to the practice field, the basketball court or competition arena.						
<u>BOYS &amp; GIRLS</u> (6 - 12 YRS)					<b>4:30-5:30pm</b>	<b>11:00am-12:00pm</b>	
<b><u>ACROBATIC ROCK-N-ROLL Beginners</u></b> (1st year of training)	Class for boys and girls! Combines the beauty of the dance with consistent physical activities in the dynamic rhythm of contemporary rock-n-roll music. Kids will learn basic footsteps including kicks, hops, bouncing movements, energetic choreography, as well as acrobatic elements. Performance at the end of the year.						
<u>BOYS &amp; GIRLS</u> (Age 5-7)			<b>4:30-5:30pm</b>	<b>4:30-5:30pm</b>		<b>10:00 – 11:00am</b>	
<b><u>ACROBATIC ROCK-N-ROLL Elementary</u></b> (Age 7 & up, or 2 <sup>nd</sup> year of training)							
<u>BOYS &amp; GIRLS</u>	<b>4:30-5:30pm</b>		<b>5:30-6:30pm</b>				
<b><u>ACROBATIC ROCK-N-ROLL YOUTH TEAM Competitive**</u></b>	<b>**Minimum Skill Requirements for Acceptance into this Class. Head Coach Approval Required**</b> Young people with experience in sports and/or dance, as well as those who show high potential in Pre-Team, Tumbling & Gymnastics programs may be selected to join our Acrobatic Rock-n-Roll "Elite Team". This category designed to move FAST and is for advanced students with relevant background including jazz, tap, modern, hip-hop, ballroom, acrobatic rock-n-roll, gymnastics, cheerleading, acrobatics, circus arts. Competitive style of acrobatic Rock-n-Roll. Shows, performances competitions!						
<u>BOYS &amp; GIRLS</u> (6 - 9 YRS)	<b>5:30-7:00pm</b>			<b>5:30-7:00pm</b>	<b>5:30-7:00pm</b>	<b>11:00am-12:30pm</b> <i>Complimentary* Arcobatics/Tumbling</i>	
<b><u>ACROBATIC ROCK-N-ROLL Girls Group Dance – "FORMATION" **</u></b>	<b>**Minimum Skill Requirements for Acceptance into this Class. Head Coach Approval Required**</b> Fun and energetic Rock-n-Roll dance program for girls only (no partner is needed!) - combines modern R-n-R choreography, moderate acrobatics, contemporary music and team work. Participation in shows, performances and even dance competitions!						
<u>GIRLS</u> (7 - 13 YRS)					<b>7:00-8:00pm</b>		
<b><u>ACROBATIC ROCK-N-ROLL JUNIOR TEAM Competitive **</u></b>	<b>**Minimum Skill Requirements for Acceptance into this Class. Head Coach Approval Required**</b> Young people with experience in sports and/or dance, as well as those who show high potential in Pre-Team, Tumbling & Gymnastics programs may be selected to join our Acrobatic Rock-n-Roll "Elite Team". This category designed to move FAST and is for advanced students with relevant background including jazz, tap, modern, hip-hop, ballroom, acrobatic rock-n-roll, gymnastics, cheerleading, acrobatics, circus arts. Competitive style of acrobatic Rock-n-Roll. Shows, performances and dance competitions!						
<u>BOYS &amp; GIRLS</u> (skill based)	<b>7:00-9:00pm</b>		<b>6:30-8:30pm</b>	<b>7:00-9:00pm</b>		<b>11:00am-12:30pm</b> <i>Complimentary* Arcobatics/Tumbling</i>	

**Non-refundable Annual Registration fee is \$50.00 per child or \$60.00 per family (through August 31, 2018) – covers Summer Camp too!**

### ONLINE REGISTRATION ONLY!!!

**[www.RocknRoll-Boston.com](http://www.RocknRoll-Boston.com)**

**Policy (for the full disclosure please visit our website:**

**Tuition:** Prices are based on the cost for the total season (09/11/17 – 06/16/18) divided into 10 equal monthly payments, and already factor in all holidays and studio closures, due by 1st day of month. Payment determined by the number of hours of class taken each week. The fee cannot be adjusted due to absences, cancellations, holidays, shorter/longer months. Tuition is for your child's entire academic year, not for the month itself. A \$10.00 Late Fee will be applied to accounts that are 6 days past due. If tuition is passed due, the student will not be allowed to participate in class. Withdrawal from ARRA must be submitted in writing – verbal cancellations will not be processed.

**Missed Lessons:** No refunds, No credits for dropped or missed lessons. 1 class per paid month may be made up during the regular season (09/11/17 – 06/16/18) per the coach's approval. Snow days are factored in price, but may be made up when possible during designated classes per the discretion of the coach.

# BIRTHDAY PARTIES

**with Acrobatic Rock'n'Roll Academy !**

Celebrate your child's birthday with exciting Sports and/or Dancing experience – a day to truly remember !!!

Children ages 4 and up.

- ✚ Music and Movements
- ✚ Dance
- ✚ Gymnastics
- ✚ Obstacle Courses (jumping, rolling, bouncing...)
- ✚ 2 Bounce Houses (*Extra charge*)
- ✚ Games
- ✚ Parachute Activity and More!
- ✚ Invitations for all your guests
- ✚ We provide the party table cloth
- ✚ We do all the cleaning for you.

A party of up to 12 children

Additional child: \$10

Additional time: extra prorated charge

Members: \$200/ Non Members: \$220

Our enthusiastic instructors with many years of experience will make your child feel special, provide dynamic exciting program, and let your child have a lot of fun with his/her best friends!

## Gymnastics Birthday



# ACROBATIC ROCK'N'ROLL ACADEMY

## 2017 – 2018 Season Sports & Dance Programs for Kids

Acrobatic  
Rock-n-Roll  
Partner Dancing



Girls Formation  
Dance Team



Tumbling



Gymnastics



**CHECK WEBSITE FOR DETAILS &  
REGISTRATION**

**Start Date: 09/11/2017**

Acrobatic Rock-n-Roll Academy of Boston  
617-319-8432

738 Main Street, Waltham, MA

Email: [Rocknroll.Academy@gmail.com](mailto:Rocknroll.Academy@gmail.com)

[www.Rocknroll-Boston.com](http://www.Rocknroll-Boston.com)

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# Important Dates in 2017 - 2018:

**09/11/2017**      **First Day of Classes**

**11/23/2017**      **Thanksgiving Day – no classes**

**12/10/2017**      **Winter Cup Competition/ Performances**

**12/25/17 – 01/01/2018**      **Christmas-New Year Break – no classes**

**05/27/18**      **USA Acrobatic Rock-n-Roll Championship**

**06/16/2018**      **Last Day of Classes**

**06/18/2018**      **First Day of Summer Camp**

**8/31/2018**      **Last Day of Summer Camp**